

# THE CIRCULAR



Staying Home  
Recent Projects  
“Social Distancing” Is A Good Time For  
Practicing Spiritual Connectedness  
New Stuff



*"Antidote To American Anxiety", 2016*

Equinox Greetings,

This is Issue No. 1 of *The Circular*, an Artist Newsletter.

In the future there will also be a print edition that will be mailed out. To receive the print edition, email your mailing address to [georgiaelectra@protonmail.com](mailto:georgiaelectra@protonmail.com) or make a purchase from [www.georgiaelectra.com](http://www.georgiaelectra.com)

I hope that you are all doing ok out there.

I have a personal philosophy that has served me well during challenging times that I have come to call "Spiteful Optimism". It's kind of like looking for the silver lining but with a more defiant spirit. Basically it is applying creativity, and refusing to be defeated by circumstances.

Another principle that has guided me through darkness is to focus on what I can do for others. A speaker at The World Health Organization recently said, "An act of Kindness is an act of Global Unity."

We Can Do This.

Stay Home. Be Creative. Practice Kindness.

Love,  
Georgia

Δ Check the website [www.georgiaelectra.com](http://www.georgiaelectra.com) and follow on Instagram @georgiaelectra for defiantly optimistic updates.

**THANK  
AN ARTIST  
TODAY**



**IT'S TIME  
TO TAKE AWAY  
THEIR TOYS**

## Recent Projects

### Pushing Buttons

A series of 1 1/2 inch PSA Buttons.  
Poetic, Political, and Punchy!  
A new Button is released every Monday.

**NATURE  
WAITS  
FOR  
NO MAN**

**COMMUNIST  
A  
MODEST LIFE**

### Electra Wolf

Energetically-Charged Super-hero who takes on  
Mega-Corporate Evil Doers in Psychic Space.  
Makes appearances online and IRL.

**DIRTY  
GODDESS**

**Sister**

### Dire Wolves

As a Vocal Improviser with the celebrated Bay  
Area Psych-Rock Band, I've had the opportunity  
to further develop an intuitive language  
technique that I'm calling "Pure Cry," inspired  
by Michel Foucault.

**SET  
THE CHILDREN  
FREE**

Our 4th Vinyl Pressing, "I Just Wasn't Made For  
These Set Times," was just released on  
Centripetal Force Records  
([www.centripetalforcerecords.com](http://www.centripetalforcerecords.com)).

**MASTER  
NOT  
MUSE**

**Bernie 2020**



**The Only  
Difference  
Between  
Hope & Despair  
Is The Ability  
To Be Creative**



## **“Social Distancing” Is A Good Time For Practicing Spiritual Connectedness**

Our Earth is dying. The leaders of the free world seem more concerned with corporate profit than the lives of their children.

A disease is upon us.

A spiritual disease and a physical disease.

And it is the physical disease, the virus covid-19, the *imminent* threat of bodily death, that is causing us to change our actions. We are sharpening our senses. We are becoming more aware of who and what is around us. We are paying attention.

As schools shut down and people are asked to work from home, as our regular stream of entertainments and gatherings are cancelled and derailed, we will spend more time alone.

We might start to spend more time on social media. Or, we might start to spend more time *with ourselves*.

We might start that meditation practice we've been wanting to try, or deepen one we've already begun.

We might finally have time to journal, start a novel, draw, knit, cook, study.

Sure, we might binge-watch Netflix. But we might not.

We might feel isolated and disconnected from each other. We may also become acutely aware of our interconnectedness, our vulnerability, and our reliance on each other.

In the quietness of our slowed down, distraction-less time, we may feel a call to unplug from the man-made inter-web and tap in to the deeper, older, energetic inter-web that connects us all, all life on earth, including humans.

Observational science has shown our rational minds, what sensitive perceivers have never lost touch with: on a fundamental level, there is no such thing as separateness. We are never really alone.

Timothy Leary famously suggested that we “turn on, tune in, and drop out”. Well now the dropping out part is happening for us, a disengagement from the routines of conventional life. Perhaps we can follow the sequence in reverse. After “dropping out” we have time and space to “tune in” to our deeper selves, our feeling states and our deeper sense of knowing. Once we are reconnected and rooted into that rich and fertile ground of Being, we can “turn on” our capacity to actively live our lives from that place of renewed clarity about our soul's true desires.

Consider that there is an entire industry devoted to offering people the experience of quiet solitude for reflection and restoration. And now, at this moment in time, that space is being created for us. Use it. Don't waste it being stressed out. Stress is bad for the immune system anyway.

Embrace the retreat.

Find ways to rest.

Prepare to come back renewed.

Δ

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# New!

## Earth School

Ex-urbanites learning from the Earth and from traditional Earth-based knowledge systems.

Creating an archive.

A place for workshops and events.

Follow on Instagram:  
@earth\_school\_new\_mexico

## CRYER

Experimental  
Performance/Music/  
Ritual

Improvised sound  
and vocals/  
Intuitive Language

Follow on  
Instagram:  
@\_.\_.cryer.\_.\_



*At Form & Concept Gallery in Santa Fe, NM. December 2019*

## Healing Image Prints Are Back!

Coming Soon To [www.georgiaelectra.com](http://www.georgiaelectra.com)





*Light, Soft, Delicate, Still*

Δ

Take Care

Keep Breathing

Stay Home

Δ

Δ Spring Equinox Special Δ

40% OFF

at [www.georgiaelectra.com](http://www.georgiaelectra.com)

Enter SUNSHINE at checkout

*Offer Expires March 31*

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