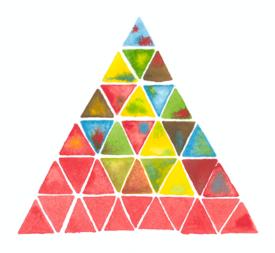
THE CIRCULAR

Staying Home
Recent Projects
"Social Distancing" Is A Good Time For
Practicing Spiritual Connectedness
New Stuff



"Antidote To American Anxiety", 2016

Equinox Greetings,

This is Issue No. 1 of The Circular, an Artist Newsletter.

In the future there will also be a print edition that will be mailed out. To receive the print edition, email your mailing address to georgiaelectra@protonmail.com or make a purchase from www.georgiaelectra.com

I hope that you are all doing ok out there.

I have a personal philosophy that has served me well during challenging times that I have come to call "Spiteful Optimism". It's kind of like looking for the silver lining but with a more defiant spirit. Basically it is applying creativity, and refusing to be defeated by circumstances.

Another principle that has guided me through darkness is to focus on what I can do for others. A speaker at The World Health Organization recently said, "An act of Kindness is an act of Global Unity."

We Can Do This.

Stay Home. Be Creative. Practice Kindness.

Love, Georgia

 Δ Check the website $\underline{www.georgiaelectra.com}$ and follow on Instagram @georgiaelectra for defiantly optimistic updates.





IT'S TIME **TO TAKE AWAY** THEIR TOYS

NAT RE

TS

NO MAN

Recent Projects

Pushing Buttons

A series of 1 1/2 inch PSA Buttons. Poetic, Political, and Punchy! COMN A new Button is released every Monday.

MODESTIFE Electra Wolf

Energetically-Charged Super-hero who takes on Mega-Corporate Evil Doers in Psychic Space. Makes appearances online and IRL.

IRTY **DDESS**

LDREN

Sist Dire Wolves

As a Vocal Improviser with the celebrated Bay Area Psych-Rock Band, I've had the opportunity to further develop an intuitive language technique that I'm calling "Pure Cry," inspired by Michel Foucault.

WHIT Our 4th Vinyl Pressing, "I Just Wasn't Made For These Set Times, " was just released on Centripetal Force Records BLACI (www.centripetalforcerecords.com).

MASTER NOT **MUSE**

Bernie 2020



The Only Difference **Between Hone & Despair** Is The Ability **To Be Creative**



"Social Distancing" Is A Good Time For Practicing Spiritual Connectedness

Our Earth is dying. The leaders of the free world seem more concerned with corporate profit than the lives of their children.

A disease is upon us.

A spiritual disease and a physical disease.

And it is the physical disease, the virus covid-19, the *imminent* threat of bodily death, that is causing us to change our actions. We are sharpening our senses. We are becoming more aware of who and what is around us. We are paying attention.

As schools shut down and people are asked to work from home, as our regular stream of entertainments and gatherings are cancelled and derailed, we will spend more time alone.

We might start to spend more time on social media. Or, we might start to spend more time with ourselves.

We might start that meditation practice we've been wanting to try, or deepen one we've already begun.

We might finally have time to journal, start a novel, draw, knit, cook, study.

Sure, we might binge-watch Netflix. But we might not.

We might feel isolated and disconnected from each other. We may also become acutely aware of our interconnectedness, our vulnerability, and our reliance on each other.

In the quietness of our slowed down, distraction-less time, we may feel a call to unplug from the man-made inter-web and tap in to the deeper, older, energetic inter-web that connects us all, all life on earth, including humans.

Observational science has shown our rational minds, what sensitive perceivers have never lost touch with: on a fundamental level, there is no such thing as separateness. We are never really alone.

Timothy Leary famously suggested that we "turn on, tune in, and drop out". Well now the dropping out part is happening for us, a disengagement from the routines of conventional life. Perhaps we can follow the sequence in reverse. After "dropping out" we have time and space to "tune in" to our deeper selves, our feeling states and our deeper sense of knowing. Once we are reconnected and rooted into that rich and fertile ground of Being, we can "turn on" our capacity to actively live our lives from that place of renewed clarity about our soul's true desires.

Consider that there is an entire industry devoted to offering people the experience of quiet solitude for reflection and restoration. And now, at this moment in time, that space is being created for us. Use it. Don't waste it being stressed out. Stress is bad for the immune system anyway.

Embrace the retreat.

Find ways to rest.

Prepare to come back renewed.

Δ



New!

Earth School

Ex-urbanites learning from the Earth and from traditional Earth-based knowledge systems.

Creating an archive.

A place for workshops and events.

Follow on Instagram: @earth school new mexico

CRYER

Experimental
Performance/Music/
Ritual

Improvised sound
and vocals/
Intuitive Language

Follow on Instagram: @_._.cryer._._



At Form & Concept Gallery in Santa Fe, NM. December 2019

Healing Image Prints Are Back! Coming Soon To www.georgiaelectra.com





















Light, Soft, Delicate, Still

Δ

Take Care
Keep Breathing
Stay Home

Δ

 Δ Spring Equinox Special Δ $40\% \ \ OFF$ at www.georgiaelectra.com Enter SUNSHINE at checkout Offer Expires March 31 Δ